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BERGEN health & life

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The county's **BEST CANNOLI**

5 local chefs
Their favorite pizza, sushi and more

Is it *really* SO BAD to ...
- sleep with your contacts?
- not wash your fruit?
- sprinkle on the salt?

Experts weigh in

ADAM WEISS
sous chef and pastry chef, Esty Street, Park Ridge

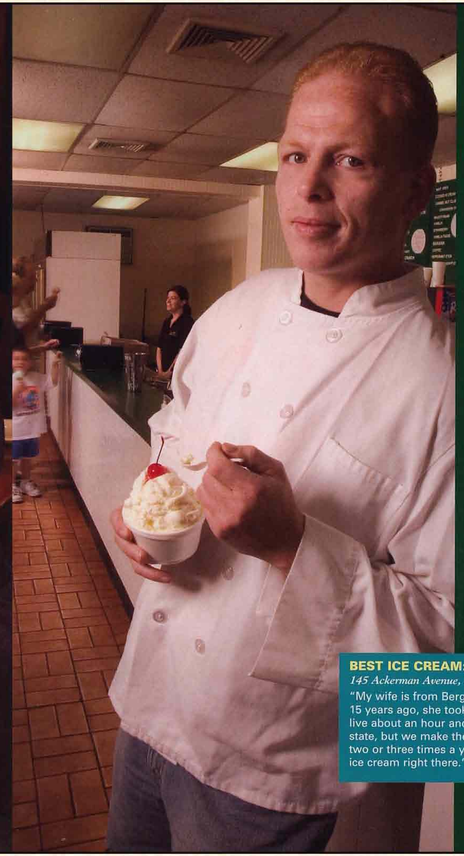
BEST PIZZA: *KINCHLEY'S TAVERN, 586 North Franklin Turnpike, Ramsey; 201-934-7777*
"I like the thinness of the crust—I call it pizza on matzo. Even at 4:30 in the afternoon, the line there is out the door."

BEST DELI SANDWICH: *KOSHER NOSH, 894 Prospect Street, Glen Rock; 201-445-1186; www.koshernosh.com*
"I get a nice hot pastrami or corned beef on rye, piled up high. It's part of my Jewish heritage."

BEST SUSHI: *SAKURA BANA, 43 Franklin Avenue, Ridgewood; 201-447-6525*
"The albacore tuna sashimi melts like butter. I sit at the sushi bar from time to time and watch the sushi chefs in action."

BEST MARTINI: *CHAKRA, 144 Route 4 East, Paramus; 201-556-1530; www.chakrarestaurant.com*
"I order the Fruit of Life: Belvedere vodka, mango liqueur and mango and passion fruit juices."

BEST ICE CREAM: *BAUMGART'S CAFÉ, 158 Franklin Avenue, Ridgewood; 201-612-5688; www.baumgartscafe.com*
"I like the Dusty Road, which is a sundae topped with hot fudge and malt powder. The creaminess of the ice cream and the malt-ball dust is spectacular."



JIM GANNON
executive chef, Rüga, Oakland

BEST PIZZA: *TONY'S BROTHERS PIZZA & RESTAURANT, 20 West Oakland Avenue, Oakland; 201-337-3100*
"They make a solid Neapolitan pie, and they're never light on the cheese. You can tell the dough is hand-rolled."

BEST DELI SANDWICH: *WILKES DELICATESSEN, 380 Ramapo Valley Road, Oakland; 201-337-2366*
"I get their Italian combo. They've always got the freshest ingredients. The bread is excellent, and there's a good balance with the meat—they don't go too heavy on one or the other."

BEST SUSHI: *CHAKRA, 144 Route 4 East, Paramus; 201-556-1530 www.chakrarestaurant.com*
"Being in the business, I know what it takes to make great sushi, and those guys are always spot-on. I like the shrimp tempura roll, and the smoked eel is also good. They put on a nice show when they're making it too."

BEST MARTINI: *SABOR LATIN BISTRO, 8809 River Road, North Bergen; 201-943-6366; www.saborlatinbistro.com*
"They do a martini night on Tuesdays, with a lot of nice flavored drinks like a Jolly Rancher or a chocolate martini. I'm a simple vodka martini guy; I like mine dry."

BEST ICE CREAM: *VAN DYKE ICE CREAM, 145 Ackerman Avenue, Ridgewood; 201-444-1429*
"My wife is from Bergen. When we got together 15 years ago, she took me to Van Dyke's. We now live about an hour and a half north, in New York state, but we make the trip down to Van Dyke's two or three times a year. They make their own ice cream right there."

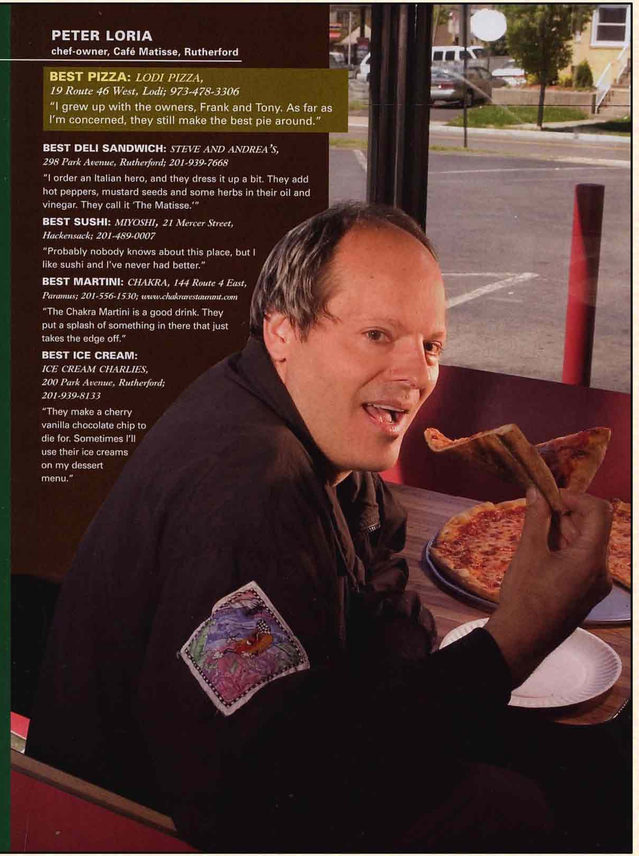
continued

PETER LORIA
chef-owner, Café Matisse, Rutherford

BEST PIZZA: *LODI PIZZA, 19 Route 46 West, Lodi; 973-478-3306*
"I grew up with the owners, Frank and Tony. As far as I'm concerned, they still make the best pie around."

BEST DELI SANDWICH: *STEVE AND ANDREA'S, 298 Park Avenue, Rutherford; 201-939-7668*
"I order an Italian hero, and they dress it up a bit. They add hot peppers, mustard seeds and some herbs in their oil and vinegar. They call it 'The Matisse.'"

BEST SUSHI: *MIYOSHI, 21 Mercer Street, Hackensack; 201-489-0007*
"Probably nobody knows about this place, but I like sushi and I've never had better."

BEST MARTINI: *CHAKRA, 144 Route 4 East, Paramus; 201-556-1530; www.chakrarestaurant.com*
"The Chakra Martini is a good drink. They put a splash of something in there that just takes the edge off."

BEST ICE CREAM: *ICE CREAM CHARLIES, 200 Park Avenue, Rutherford; 201-939-8133*
"They make a cherry vanilla chocolate chip to die for. Sometimes I'll use their ice creams on my dessert menu."